



**Risk Assessment for Lynch Syndrome and Hereditary Breast and Ovarian Cancer Syndrome**

Patient Name: \_\_\_\_\_ Physician/Provider Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

**Instructions:** This is a screen tool for the common features of hereditary cancer syndromes. If you circle Y (yes) for any statement below, you may be appropriate for hereditary cancer testing. When you circle **Y**, please provide the family member's relationship to you, the site of their cancer and their age when they were diagnosed with cancer.

**Mother/ Father/ Sister/ Brother/ Children = 1<sup>st</sup> Degree Relatives; Aunt/Uncle/Grandparent/Niece/Nephew = 2<sup>nd</sup> Degree Relatives, Cousin/Great Grandparent = 3<sup>rd</sup> Degree Relatives**

Have you or any of your relatives been tested for hereditary cancer (BRCA analysis or Lynch/COLARIS)? YES NO

If YES were the results positive or negative? \_\_\_\_\_

BREAST AND OVARIAN CANCER			SELF	FAMILY MEMBER		AGE AT DIAGNOSIS
				MOTHER'S SIDE	FATHER'S SIDE	
Y	N	Breast Cancer at 45 or younger (in self, first or second degree family members)				
Y	N	Ovarian Cancer any age (in self, first or second degree family members)				
Y	N	Two relatives on the same side of the family with breast cancer under the age of 50 (in self, first or second degree family members)				
Y	N	Three relatives on the same side of the family with breast and/or ovarian cancer at any age				
Y	N	One relative with TWO separate breast cancers; one diagnosed before age 50				
Y	N	Triple Negative Breast Cancer under age 60 (receptor status negative for ER, PR, HER)				
Y	N	Male breast cancer at any age				
Y	N	Breast or ovarian cancer at any age in Ashkenazi Jewish family members				
Y	N	Pancreatic cancer with 2 or more breast and/or ovarian cancers on same side of family				
Y	N	A family member with a known BRCA mutation				

COLON AND UTERINE CANCER			SELF	FAMILY MEMBER		AGE AT DIAGNOSIS
				MOTHER'S SIDE	FATHER'S SIDE	
Y	N	Uterine (endometrial) Cancer before age 50				
Y	N	Colorectal Cancer before age 50				
Y	N	A family member with a known Lynch Syndrome mutation				
Y	N	Two or more (at any age) of the following cancers on the same side of the family: colorectal, uterine/endometrial, ovarian, stomach, ureter/renal pelvis, kidney/urinary tract, small bowel, pancreas, brain, sebaceous adenoma)				

Are you of Jewish descent: YES NO

Is there any other cancer in you or any family members not provided above? If yes, provide relationship, site of cancer, and age of diagnosis: \_\_\_\_\_

Patient's signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Interval Gynecological History

Print Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

1. What is the reason for your visit today? \_\_\_\_\_
2. Any medication allergies? \_\_\_\_\_
3. Current medications: \_\_\_\_\_
4. List any current non-prescription or street drugs: \_\_\_\_\_
5. Do you drink alcohol? ----- Y      N      Type \_\_\_\_\_ Daily amount \_\_\_\_\_
6. Do you smoke?----- Y      N      Daily amount \_\_\_\_\_
7. How much caffeine do you consume on a daily basis? \_\_\_\_\_
8. Please indicate your present method of birth control: \_\_\_\_\_
9. Are you currently pregnant?-----Y      N      Maybe
10. What was the first day of your last menstrual period? \_\_\_\_\_ 11. Do you skip periods?----- Y      N
12. Have you noticed anything different about your periods? \_\_\_\_\_
13. How long is it between the start of one period and the start of the next? \_\_\_\_\_ Length of period \_\_\_\_\_
14. Write in the number and size of tampons and/or pads that you use on your "heaviest" day: \_\_\_\_\_ tampons \_\_\_\_\_ pads
15. During or between periods, do you have pains and/or pressure in your lower back, abdomen or pelvis?----- Y      N  
If so, please describe: \_\_\_\_\_
16. Have you had any spotting and/or bleeding between periods?----- Y      N  
If so, please describe: \_\_\_\_\_
17. Have you noticed any unusual vaginal odor, discharge or itching?----- Y      N  
If so, how long has this been happening? \_\_\_\_\_ What have you tried to relieve the symptoms? \_\_\_\_\_  
Describe the problem: \_\_\_\_\_
18. Do you have any problems with urine leakage?----- Y      N
19. Are you sexually active?    Y      N      Are you worried you might have a sexually transmitted disease?    Y      N
20. Do you have pain with intercourse?----- Y      N  
If so, please describe: \_\_\_\_\_
21. Do you examine your breast?    Y      N      Do you have any discharge from your breasts?    Y      N  
Describe any concerns and/or changes: \_\_\_\_\_
22. Date of your last Mammogram? \_\_\_\_\_ Where? \_\_\_\_\_
23. Date of your last Bone Density Test? \_\_\_\_\_ Where? \_\_\_\_\_
24. Date of your last Colonoscopy? \_\_\_\_\_ Where? \_\_\_\_\_
25. Since your last visit, have you or anyone in your family had any recent operations, serious illnesses or injuries? Y      N  
If so, please describe: \_\_\_\_\_
26. Are there any other gynecologic or non-gynecologic problems you would like to discuss with me?----- Y      N  
If so, please list: \_\_\_\_\_
27. Name, address & ph# of preferred pharmacy: \_\_\_\_\_