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## **CALL First Day of Next Period to Schedule!!**

### **DIAGNOSTIC OFFICE HYSTEROSCOPY**

You have been scheduled for a diagnostic office hysteroscopy. This is a special direct visualization system, that lets your doctor see the inside of your uterus. This procedure provides immediate diagnostic information at the time of your visit. Your provider may decide to perform a biopsy at the same time.

### **WHAT TO EXPECT**

- Urine specimen needed prior to procedure (rule out pregnancy).
- The test will take approximately 30 minutes to complete.
- You will lie on an examining table, positioned for a routine gynecological exam. A speculum will be inserted into your vagina as if you were having a pap smear. The thin Endosee Advance tube will be inserted through your cervix and then inside your uterus. The camera at the end of the tube allows your doctor to look for any visible issues. A photo or video may be taken, or a biopsy of the lining of your uterus may be performed.
- You may experience some mild cramping during the procedure.

### **PATIENT INSTRUCTIONS**

- This procedure should not be done if you might be pregnant.
- If you are having regular periods, we will schedule this in the first ten days after your period begins. Please call the first day of your next menses to schedule.
- You may drive yourself to and from the procedure and should be able to resume normal activities.
- Please take IBUPROFEN (Motrin) 200mg 3 tablets (600mg) 2 hours prior to your procedure. This is available over the counter.

### **AFTER THE PROCEDURE**

- NO sexual intercourse for two (2) weeks.
- Your test results will be sent to your provider for review. It may take up to two weeks for your results to be finalized.
- You may notice an increase in vaginal discharge or spotting for a few days.
- You may experience uterine cramping for 24-48 hours.
- You may resume normal activities immediately in most cases.
- Call the office at 972-542-8884 if you have bleeding, pain, or fever over 24 hours.
- Please call the office if you have any questions or concerns.