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NOTICE: CALL FIRST DAY OF YOUR PERIOD TO SET UP YOUR APPOINTMENT

SONOHYSTEROGRAM

You have been scheduled for a Sonohysterogram. This is a special sonogram (ultrasound) to visualize the inside lining of your uterus. Saline is inserted into your uterus thru special tubing that is inserted into your cervix (the opening of your uterus). This expands your uterine cavity and allows us to see abnormalities more easily.

WHAT TO EXPECT

- Urine specimen needed prior to procedure (rule out pregnancy).
- The test will take approximately 30 minutes to complete.
- You will lie on an examining table, positioned for a routine gynecological exam. A speculum will be inserted into your vagina as if you were having a pap smear. A small catheter is inserted thru your cervix, and then saline is inserted thru the catheter while the Sonographer takes pictures of your uterus.
- You may experience some mild cramping during the procedure.

PATIENT INSTRUCTIONS

- This procedure should not be done if you might be pregnant.
- If you are having regular periods, we will schedule this in the first ten days after your period begins.
- You may drive yourself to and from the procedure and should be able to resume normal activities.
- Please take IBUPROFEN (Motrin) 200mg 3tablets (600mg) 2 hours prior to your procedure. This is available over the counter.

AFTER THE PROCEDURE

- NO sexual intercourse for two (2) weeks.
- Your test results will be sent to your provider for review. It may take up to two weeks for your results to be finalized.
- You may notice an increase in vaginal discharge or spotting for a few days.
- You may experience uterine cramping for 24-48 hours.
- You may resume normal activities immediately in most cases.
- Call the office at 972-542-8884 if you have bleeding, pain, or fever over 24 hours.
- Please call the office if you have any questions or concerns.